Vol. 3 March 2011



Xpress E-bulletin



School Awarded Two Grants

We are delighted to have won a £500 grant from Young Suffolk and a £400 grant from Suffolk County Council. We have bough a Promat crash mat and a T-sport freestanding kicktube for use at our AFC Sudbury venue.

It was mega-fun last year, but this year's Summer Camp (9-10 July) promises to be amazing as we'll be able to hold it in real style and it will be entirely FREE for students! The grants covering Bradfield Campsite hire, food & drink, purchase of a gazebo and disposable BBQs etc. Dig out your tents & torches \bigcirc

February Testings

Were tough but both of the Tuesday classes and the Thursday class showed real determination to dig deep and produced an excellent standard of forms and techniques. The highlight was that every single student broke a wooden board, even the little ones! See our Facebook page for photos.

Fundraising for St Nicholas Hospice

We began our 2011 efforts for the Hospice by donating £100 from the February testing fees. Chris was presented with the cheque by the Thursday night class. When the weather gets better we also plan to do a sponsored kick-a-thon in town.









Telephone us on: 07751 932 408